



PRESENTED BY
Mixed Company Theatre

Half-Full

MIXED COMPANY THEATRE'S PRODUCTION – Half Full focuses on the experience of students with anxiety – students who may have never told anyone about their anxieties and fears. This presentation will deliver a uniquely engaging form of experiential peer-led public education to reduce the stigma of mental health and find ways to support students and peers.

Play synopsis

Josh is a jokester. He messes with his friends' Facebook posts, teases Saffy, the girl he likes, and keeps his minor insecurities in check. Life is good, but when somebody starts an anonymous social media campaign against him, things change. Suddenly, the daily stresses of school and family life start to overwhelm him. Now Josh's anxiety (Anx) has begun to grow, and twists every day events. As Anx spins out of control, Josh feels like he has no one to turn to. How can he regain control of his life?

Simon Malbogot	Director
Catherine Frid	Playwright
Ayla Lefkowitz	Stage Manager and Facilitator
Kristin Bartlett	Music Designer
Sarah Friedlander	Costume, Set and Props Designer
Leticia Luna	Logo Designer

Mixed company Theatre

Mixed Company Theatre produces innovative, socially relevant drama as a tool for positive change. Founded as an artist-run collective in 1983, this nationally recognized not-for-profit company uses forum theatre and interactive arts to educate, engage and empower audiences in school, communities and workplaces. In 1991, MCT was sanctioned by Augusto Boal as an official Theatre of the Oppressed Centre.

Simon Malbogot	Artistic Director
Kristin Bartlett	Artistic Project Manager
Ayla Lefkowitz	Outreach Coordinator
Angela Mortisugu	Communications Coordinator
Shellana Sabandal	Intern
Isabela Stille	Intern
Travis Williams	Intern

Simon Malbogat | Director



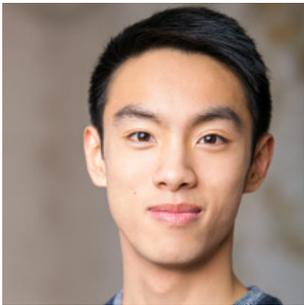
Simon Malbogat has been a key player in Canada's popular theatre scene for over 25 years now. He has directed and acted in over 50 new Canadian works, many of which are now seen as important benchmarks in the development of Canadian theatre. Simon has provided workshop creation, direction and facilitation for young people ages 14 to 18, resulting in over 40 forum theatre plays.

Ayla Lefkowitz | Facilitator



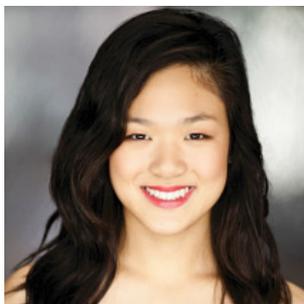
Ayla Lefkowitz first worked at MCT as the facilitator for the Mixed Messages University/College tour in fall 2015, and now manages the outreach and communications campaign for MCT's school tours and programs. In addition to her work with MCT, Ayla co-founded and directs CANVAS Arts Action Programs. She holds a Masters degree in Health, Community and Development from the London School of Economics, and over five years of experience facilitating interactive, arts-based workshops for youth to inspire social change

Kevin Matthew Wong | Joshua



Kevin is an actor, musician, and theatre artist focused on creating socially-conscious art. He is the co-founder and Artistic Producer of Broadleaf Theatre, a company that uses theatre to explore environmental issues, and whose quirky, award-winning show Bite-Sized will be premiering at the 2016 Toronto Fringe Festival this summer! Kevin is thrilled to make his debut with Mixed Company Theatre, and he's excited to bring Joshua's story to life in Half Full.

Sherman Tsang | Saffy, Mom, Internet and Ms Tam



Sherman is a graduate of the Randolph Academy and a Toronto-based actress. She feels that mental illness is an ongoing concern that needs to be talked about and taught about, and explored at the source of the issue, not just on a surface level. Sherman is very excited to grace the stage for Mixed Company Theatre, juggling four characters in order to help spread the message of Half Full. She reminds us: "Always remember to breathe. Inhale, exhale."

Tony Babcock | Anx



Tony is an award-winning actor, director, and acting coach who has trained predominantly in NYC. Most recently, he can be seen in IRL: The Series (Bell Media Fibe TV 1), Beyblade: Shogun Steel (Cartoon Network), The Ultimate Launch Party (Teletoon), and Treatment (Winner of the Best International Film in NYC). He also runs an acting studio called Improv Your Acting, and had the pleasure of performing in Mixed Company Theatre's previous school tour, Mixed Messages.

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