

MIXED COMPANY THEATRE - **Health and Physical Education** Curriculum Links

	Grades 6, 7, 8	Grades 9, 10
<p><b>Forum Theatre</b> (all of our plays)</p>	<p>• <b>Active Participation and Healthy Living</b> <i>Including:</i> decision making, problem solving, conflict resolution, and goal setting</p> <p><i>“Students require the necessary skills to respond appropriately to situations that threaten their personal safety and well-being. Living Skills such as conflict resolution, assertiveness, resistance and refusal techniques, and decision making will help them respond to situations effectively. Acquiring information and skills and developing attitudes, beliefs and values related to identity and relationships are a lifelong process. The school environment can profoundly influence student’s attitudes, preferences and behaviors.”</i></p>	<p>• <b>Interactive Activities</b> <i>Including:</i> various types of physical activity that promote participation, responsible behavior and effective group work skills</p> <p>• <b>Healthy Living</b> <i>Including:</i> knowledge and skills students need to lead a healthy active life, investigation of issues related to healthy sexuality, substance abuse, personal safety and conflict resolution, development of decision making and assertion skills</p>
<p><b>Showdown</b> <b>The 10% Reality</b> <b>WISHWORLD</b>  (BULLYING)</p>	<p>• <b>Personal Safety and Injury Prevention</b> <i>Including:</i> bullying, peer assault, child abuse, and harassment</p>	<p>• <b>Personal Safety and Injury Prevention</b> <i>Including:</i> identifying and developing solutions and strategies to <b>physical and non-physical violence</b> (i.e. manipulation, intimidation, sexual harassment, verbal abuse), assessing the causes and impact physical of non-physical violence, conflict management and resolution (i.e. triggers and coping skills), assertiveness techniques, active listening</p>
<p><b>How Can You Tell?</b> (AIDS/HIV)</p>	<p>• <b>Growth and Development</b> <i>Including:</i> sexual development and reproductive health, interpersonal relationships, abstinence, body image, and gender roles</p>	<p>• <b>Healthy Growth and Sexuality</b> <i>Including:</i> identify the relative effectiveness of various methods of preventing pregnancy and sexually transmitted diseases, identify and communicate factors that lead to responsible sexual relationships, demonstrate an understanding of how to use decision-making and assertiveness skills effectively to promote <b>healthy sexuality</b>, identify community support services related to sexual health concerns</p>

<p><b>Cobblestone Youth Troupe</b> (HOMELESSNESS)</p>	<ul style="list-style-type: none"> <li>• <b>Living Skills</b> (personal safety and injury prevention, growth and development) <i>Including:</i> substance abuse, peer assault, child abuse, harassment, reproductive health, and interpersonal relationships</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Living Skills</b> (personal safety and injury prevention, healthy growth and sexuality) <i>Including:</i> identify pressures, effects, and resources related to <b>substance abuse</b>, demonstrate decision making and assertiveness skills in relation to substance abuse, identifying and developing solutions and strategies to <b>physical and non-physical violence</b> (i.e. manipulation, intimidation, sexual harassment, verbal abuse), assessing the causes and impact physical of non-physical violence, demonstrate an understanding of how to use decision-making and assertiveness skills effectively to promote <b>healthy sexuality</b>, identify community support services related to sexual health concerns</li> </ul>
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